***- GROUP THERAPY PROGRESS NOTE-***

**Client Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ MIS#: \_\_\_\_\_\_\_\_\_\_**

**Date of Session \_\_\_\_\_\_\_\_\_ Length of session \_\_\_\_\_\_**

**GroupGoals:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Group Activity/Focus of Session:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Client Participation: (check all that apply)**

**active  leadership**

**non-verbal, but engaged  offered feedback**

**withdrawn  supportive**

**no apparent interest  not supportive**

**disruptive**

**Client Mood: (check all that apply)**

**stable  depressed  anxious  sad  angry**

**euphoric  irritable  other\_\_\_\_\_\_\_\_\_\_\_**

**Client Affect:** *(check all that apply)*

**broad and appropriate  blunted  labile constricted**

**brittle other**

**Client’s progress toward identified target symptoms:**

**1. None Minimal Moderate Significant Goal Met**

**2. None Minimal Moderate Significant Goal Met**

**3. None Minimal Moderate Significant Goal Met**

**4. None Minimal Moderate Significant Goal Me**

**5. None Minimal Moderate Significant Goal Met**

**Plan: (for next session)**

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**Clinician signature (degree/license)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_**

**Co-facilitator signature (degree/license)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_**