***- GROUP THERAPY PROGRESS NOTE-***

**Client Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ MIS#: \_\_\_\_\_\_\_\_\_\_**

**Date of Session \_\_\_\_\_\_\_\_\_ Length of session \_\_\_\_\_\_**

**GroupGoals:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Group Activity/Focus of Session:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Client Participation: (check all that apply)**

[ ]  **active** [ ]  **leadership**

[ ]  **non-verbal, but engaged** [ ]  **offered feedback**

[ ]  **withdrawn** [ ]  **supportive**

[ ]  **no apparent interest** [ ]  **not supportive**

[ ]  **disruptive**

**Client Mood: (check all that apply)**

[ ]  **stable** [ ]  **depressed** [ ]  **anxious** [ ]  **sad** [ ]  **angry**

[ ]  **euphoric** [ ]  **irritable** [ ]  **other\_\_\_\_\_\_\_\_\_\_\_**

**Client Affect:** *(check all that apply)*

[ ]  **broad and appropriate** [ ]  **blunted** [ ]  **labile** [ ] **constricted**

[ ]  **brittle** [ ] **other**

**Client’s progress toward identified target symptoms:**

**1. None**[ ]  **Minimal**[ ]  **Moderate**[ ]  **Significant**[ ]  **Goal Met**[ ]

**2. None**[ ]  **Minimal**[ ]  **Moderate**[ ]  **Significant**[ ]  **Goal Met**[ ]

**3. None**[ ]  **Minimal**[ ]  **Moderate**[ ]  **Significant**[ ]  **Goal Met**[ ]

**4. None**[ ]  **Minimal**[ ]  **Moderate**[ ]  **Significant**[ ]  **Goal Me**[ ]

**5. None**[ ]  **Minimal**[ ]  **Moderate**[ ]  **Significant**[ ]  **Goal Met**[ ]

**Plan: (for next session)**

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**Clinician signature (degree/license)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_**

**Co-facilitator signature (degree/license)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_**